

14th Annual London 10,000m (inc. AO & OMA 10,000m Championships)

TD Stadium, London, ON - 2019-05-10

Meet Program - London 10,000m

Event 43 Women Open 800 Meter Run Open (12)**Friday 2019-05-10 - 7:20 PM**

Canadian: 1:57.01 2017-07-21 Melissa Bishop
Ontario: 1:57.01 2017-07-21 Melissa Bishop (88)
RCLDS: 2:05.74 2011-05-24 Melissa Bishop

Lane	Name	Yr	Team	Seed Time
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Section 1 of 2 Finals

2	100 Chloe Froese	09	Unattached	3:50.00
3	108 Tristan Larocque	09	London Runner Di	3:30.00
4	116 Erika Lealess	06	London Western T	3:00.00
5	109 Ellia Lobraico	10	London Runner Di	3:30.00
6	129 Isabella Froese	09	Unattached	3:50.00

Section 2 of 2 Finals

1	107 Philippa Aukett	84	London Runner Di	2:40.00
2	470 Ashley Hilbers	04	Saugeen Tfc	2:35.00
3	480 Anna Grabowski	03	Speed River Tfc	2:26.00
4	477 Claire Rands	05	Saugeen Tfc	2:23.00
5	475 Brooklyn Quanz	05	Saugeen Tfc	2:23.00
6	471 Brooke Jez	02	Saugeen Tfc	2:30.00
7	478 Grace Wheeler	05	Saugeen Tfc	2:35.00

Event 44 Men Open 800 Meter Run Open (15)**Friday 2019-05-10 - 7:25 PM**

Canadian: 1:43.68 2008-07-29 Gary Reed
Ontario: 1:43.95 2016-07-22 Brandon McBride (94)
RCLDS: 1:47.23 2015-06-28 Anthony Romaniw

Lane	Name	Yr	Team	Seed Time
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Section 1 of 2 Finals

1	115 Griffin Wick	07	London Runner Di	3:27.60
2	479 James Wheeler	07	Saugeen Tfc	2:55.00
3	118 Liam Biesinger	07	London Western T	2:50.00
4	121 Noah Feltham	08	London Western T	2:50.00
5	474 Aiden Playfair	06	Saugeen Tfc	2:42.00
6	120 Luke Feltham	06	London Western T	2:30.00
7	431 Eli Bouius	08	Saugeen Tfc	2:35.00
8	119 Sam Bird	08	London Western T	2:50.00
9	122 Connor Gibson	07	London Western T	2:50.00

Section 2 of 2 Finals

2	465 Matthew Donnelly	01	Saugeen Tfc	1:58.00
3	483 Nicholas D'Alessandro	98	U OF Windsor	1:55.00
4	105 Ryan Korol	97	Harbour Track	1:52.00
5	486 Remy Binns	91	Unattached	1:52.14
6	496 Joshua Martin	98	Unattached Ontar	1:57.00
7	492 Ian Aseltine	81	Unattached Ontar	2:06.00

Event 71 Women Open 1500 Meter Run Open (5)**Friday 2019-05-10 - 7:35 PM**

Canadian: 4:00.27 1985-09-30 Lynn Williams
Ontario: 4:02.29 2005-08-28 Carmen Douma-Hussar (77)
RCLDS: 4:06.82 2015-06-21 Nicole Sifuentes

Lane	Name	Yr	Team	Seed Time
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Section 1 of 1 Finals

1	469 Naomi Herman	01	Saugeen Tfc	4:43.00
2	455 Emily Bryce	03	Saugeen Tfc	4:43.00
3	473 Ana Morariu	03	Saugeen Tfc	4:54.00
4	476 Samara Quanz	02	Saugeen Tfc	4:54.00
5	117 Jenna Pickering	07	London Western T	5:50.00

Event 72 Men Open 1500 Meter Run Open (14)**Friday 2019-05-10 - 7:45 PM**

Canadian: 3:31.71 2000-06-30 Kevin Sullivan (74)
Ontario: 3:31.71 2000-06-30 Kevin Sullivan (74)
RCLDS: 3:37.51 2012-06-22 Taylor Milne

Lane	Name	Yr	Team	Seed Time
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Section 1 of 1 Finals

1	226 Mitch De Lange	99	Physi-Kult Kings	3:50.00
2	491 Hunter Andrin	93	Unattached Ontar	3:52.00
3	498 Ryan Tyrrell	98	Unattached Ontar	3:57.00
4	484 Tyler Jones	99	U OF Windsor	4:00.00
5	485 Brendan Simone	99	U OF Windsor	4:00.00
6	472 Ethan Kruisselbrink	01	Saugeen Tfc	4:02.00
7	103 Connor Black	00	Durham Drago	4:05.00
8	487 Kevin Moore	89	Unattached	4:12.00
9	432 Tristan Bouius	04	Saugeen Tfc	4:38.00
10	113 Seth Sommerfreund	05	London Runner Di	5:13.92
11	112 Ian McAllister	05	London Runner Di	5:17.07
12	114 Simon Veitch	06	London Runner Di	5:22.58
13	125 Lucas Sharman	06	London Western T	5:30.00
14	124 Daniel Ogilvie	06	London Western T	5:30.00

Event 141 Women Open 10000 Meter Run Open (3)**Friday 2019-05-10 - 7:55 PM**

Canadian: 31:41.59 2015-05-02 Natasha Wodak
Ontario: 31:44.74 2003-05-02 Courtney Babcock (72)
RCLDS: 33:10.47 2011-05-08 Megan Brown

Lane	Name	Yr	Team	Seed Time
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Section 1 of 1 Finals

1	490 Emma Tallman	91	Unattached	32:59.99
2	401 Branna MacDougall	98	Physi-Kult Kings	33:15.00
3	489 Molly Steer	95	Unattached	37:26.00

14th Annual London 10,000m (inc. AO & OMA 10,000m Championships)**TD Stadium, London, ON - 2019-05-10****Meet Program - London 10,000m****Event 142 Men Open 10000 Meter Run Open (21)****Friday 2019-05-10 - 8:40 PM****Canadian: 27:02.35 2017-08-04 Mohammed Ahmed****Ontario: 27:02.35 2017-08-04 Mohammed Ahmed (91)****RCLDS: 28:58.90 2015-05-10 Kelly Wiebe****Lane Name Yr Team Seed Time****Section 1 of 1 Finals**

1	497 Matthew Travaglini	93	Unattached Ontar	29:55.00
2	127 Adam Hortian	84	Newmarker Huski	29:59.28
3	499 Kyle Wyatt	82	Unattached Ontar	30:15.00
4	106 Max Turek	99	Harbour Track	30:48.00
5	495 Michael Gill	77	Unattached Ontar	30:50.00
6	493 Jeff Costen	91	Unattached Ontar	31:00.00
7	294 Robert Kanko	96	Physi-Kult Kings	31:00.00
8	101 Kyle Boorsma	88	Crimps Cycli	31:00.00
9	130 Brett Crowley	94	Physi-Kult Kings	31:10.00
10	481 Cameron Cira	98	U of Toronto TC	31:15.00
11	104 Dylan Alick	98	Harbour Track	31:15.00
12	128 Joey Stel	96	Newmarker Huski	31:27.90
13	123 Shawn Master	94	London Western T	31:30.00
14	102 Grant Wignall	94	Dundas Valle	31:30.00
15	494 Daniel Fournier	93	Unattached Ontar	32:00.00
16	110 Paul Cochrane	89	London Runner Di	32:30.00
17	126 Esteban Clavijo	91	Newmarker Huski	32:56.44
18	482 Walter Faion	60	U of Toronto TC	41:00.00
19	500 Phil Parrot-Migas	93	London Western T	NT
20	111 Joey Hardy	99	London Runner Di	NT
21	488 Sam Nusselder	99	Unattached	NT